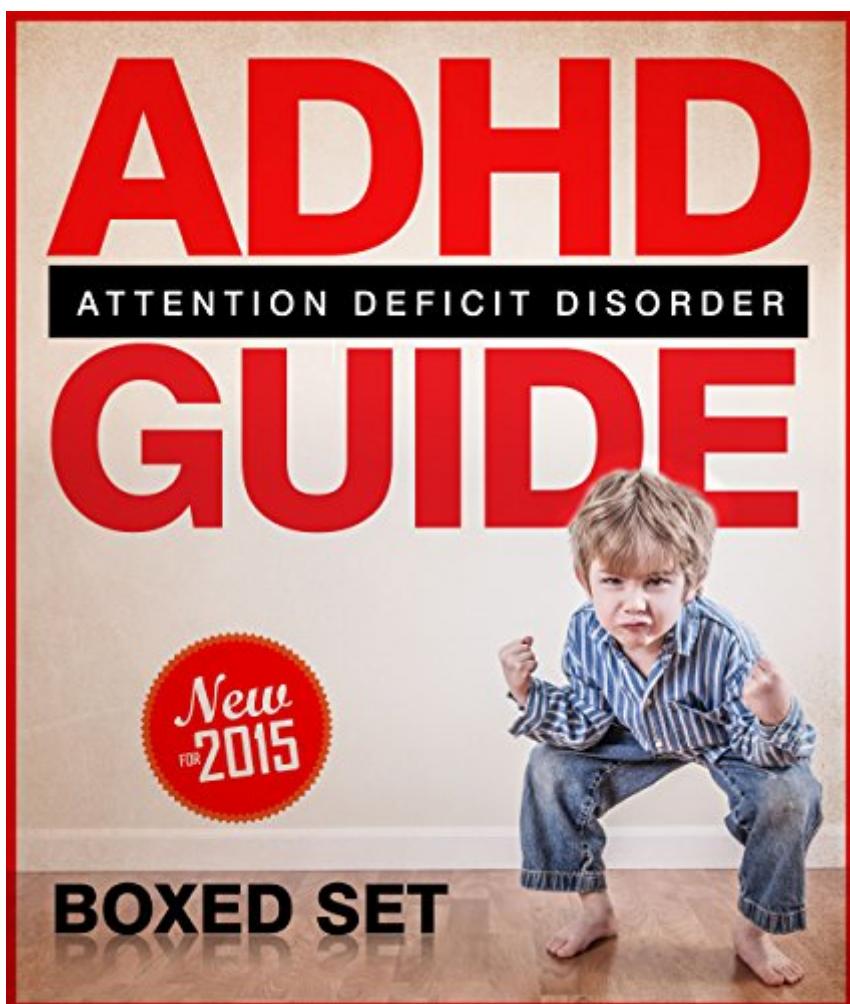


The book was found

# **ADHD Guide Attention Deficit Disorder: Coping With Mental Disorder Such As ADHD In Children And Adults, Promoting Adhd Parenting: Helping With Hyperactivity And Cognitive Behavioral Therapy (CBT)**





## **Synopsis**

Attention Deficit Hyperactivity Disorder is commonly known as ADHD. There are many symptoms that can lead someone to believe that others or themselves suffer from this mental illness. It is commonly noticed in children but both adolescents and adults can have it. The most common symptoms are not being able to focus, continuous hyperactivity, and uncontrollable behavior. Using the services of a professional is needed to obtain the correct diagnosis. A professional would be able to rule out other illnesses that display similar symptoms. A set of informational books would also be helpful because they can provide information and direction to obtain the appropriate medical help.

## **Book Information**

File Size: 2146 KB

Print Length: 112 pages

Publisher: Overcoming (July 22, 2014)

Publication Date: July 22, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00NI9FK3M

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #315,573 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #15 in Kindle Store > Kindle eBooks > Education & Teaching > Teacher Resources > Special Education > Developmental & Intellectual Disabilities #15 in Kindle Store > Kindle eBooks > Teen & Young Adult > Personal Health > Depression #30 in Books > Teens > Social Issues > Special Needs

## **Customer Reviews**

I have a son who was diagnosed with ADHD four years ago. While throughout the years I have learned a lot about it, I wanted to become more familiar with it. I also wanted to see if there were any ways that we could help him besides what we are already doing. These books really helped give me

a better understanding. I was surprised to learn that this included more than one book. I loved how it talks a lot about how ADHD affects relationships. Whether it be work relationships, marriage, family relationships or friendships. It also talked about some of the other effects it can have on your life including the financial aspect and stress. What a lot of people do not realize is how ADHD really affects the entire family and everyone around them. This book really went into the types of ADHD and how it can be diagnosed and how it can be treated. I definitely learned some new information from this book. It is a great book, especially for people who are newly learning about ADHD. One of the books really talked about adult ADHD. Think my favorite part of these books was the fact that they talked about the different types of medications that treat ADHD and their side effects. Anyone who is familiar with ADHD knows that it often is hard to find the exact correct medication and dosage and it can change a lot. I'm really glad that I have this at my disposal now if we need to change medications. This way I can be more informed before agreeing to switch to one. I am a person who always read reviews before purchasing a product and will provide honest reviews in hopes of helping someone find the perfect product they are looking for. I received this product at a discount or for free in exchange for my honest and unbiased review. I am in no way obligated to provide a positive review. If this review has helped you please click "yes" underneath this review.

This was not a single book, but instead a boxed set which gave varying depths of advice but all of which were on the same path. Whether you are a parent or teacher trying to understand ADHD in children or an adult battling with ADHD now, this information is still every bit as relevant. The book explains the different types of ADHD (predominately inattentive, hyperactive-impulsive or a combo) and how to distinguish between them. Since ADHD is so difficult to diagnose correctly, it is very important to gather as much information about the child's and parents medical history, the child's school life, and a thorough examination by a physician with a great understanding of behavioral and mental illnesses of children. The book does go further into explaining how ADHD can have an impact on relationships, many of them being negative due to being uneducated on the disorder and worrying about how other people may judge you for it. Chapter 3 and 4 further explains the behaviors of somebody with ADHD in a romantic or professional relationship and how to live / work with that person. Chapter 5 explains ADHD in adults and has some pretty great information if you are already diagnosed or if you are undiagnosed but you think you might be afflicted with ADHD. The 2nd book in the set went deeper into the same themes as touched in the first book for adults with ADHD. I was pleasantly surprised to see that the sections regarding treatments covered a much wider range than treatment via medications. They covered a variety of treatment types and gave an excellent

pros and cons to each. The 3rd book in the collection was an extensive Q & A styled approach to recognizing ADHD in yourself and covering different treatment types with parameters as an example. DISCLAIMER I received this product at a discounted price or for free in exchange for my honest and objective review,

I have read this book on ADHD and I love it. Pros: great addition to volume 1 of Luther's epistles. Cons: might be too basic if you're knowledgeable on the topic. This topic is new to me. I know of the term and had a basic understanding of the disorder before I began the book. I found this to be a good basic introduction and guide to ADHD. I have wanted to know more about this topic and this was a perfect guide. It is great that I have it on my phone and I can read a little here and there when my schedule allows. I received this product at a discount in exchange for my honest review. That is exactly what you are getting. I do not feel that I owe the seller a good review for their product. I do feel I owe you the honest review on how I feel about the product and the experience I had with it. I will not give out good reviews unless the product is worthy of it. I pride myself on honest product reviews. This item earned 4 stars. My Star Rating Explained: 1 star = I hate it. Do not buy this. It is junk and waste of money. 2 stars = I do not like it. I would not buy this again. This product is not for me. I also may not like it because of the price or a defect in the product. 3 stars = It is okay. This is a neutral for me. This means nothing bad stood out and also nothing fantastic stood out to me. 4 stars = I like the product. This means I would use the product. I feel the product is good in quality and in price. I could see myself purchasing it again. 5 stars = I love the product. I would buy it again. I would tell friends and family about it if it came up. I think it is a good deal and a quality product. I think it offers something that other similar products do not. \*If you have found this review helpful, please hit the button. Thank you!

[Download to continue reading...](#)

ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders)

Cognitive Behavioral Therapy (CBT): A Complete Guide To Cognitive Behavioral Therapy - A Practical Guide To CBT For Overcoming Anxiety, Depression, Addictions ... Phobias, Alcoholism, Eating disorder) CBT Worksheets for Teenage Social Anxiety: A CBT workbook to help you record your progress using CBT for social anxiety. This workbook is full of ... CBT therapy and CBT books on social anxiety. Maybe You Know My Kid: A Parent's Guide to Identifying, Understanding and Helping Your Child With Attention-Deficit Hyperactivity Disorder Tictionary: A Reference Guide to the World of Tourette Syndrome, Asperger Syndrome, Attention Deficit Hyperactivity Disorder and Obsessive Compulsive Disorder for Parents and Professionals 100 Questions & Answers About Attention Deficit Hyperactivity Disorder (ADHD) In Women And Girls Attention-Deficit Hyperactivity Disorder in Adults Focused: ADHD & ADD Parenting Strategies for Children with Attention Deficit Disorder Understanding My Attention-Deficit/Hyperactivity Disorder Stahl's Illustrated Attention Deficit Hyperactivity Disorder Attention-Deficit Hyperactivity Disorder: A Clinical Workbook, Second Edition Stuck on Fast Forward: Youth With Attention Deficit Hyperactivity Disorder (Youth With Special Needs) Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It Driven to Distraction (Revised): Recognizing and Coping with Attention Deficit Disorder Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood Attention Deficit Disorder: The Unfocused Mind in Children and Adults (Yale University Press Health & Wellness) Attention Deficit Disorder: The Unfocused Mind in Children and Adults Disorders or Gifts?: My Journey through life managing Tourette Syndrome, Obsessive Compulsive Disorder, and Attention Deficit Disorder More Attention, Less Deficit: Success Strategies for Adults with ADHD

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)